

Dr. Linda James Myers began promoting Belief Systems Analysis therapeutic concepts and processes in the late 1970s, in association with her pioneering work on Optimal Psychology, also known as Optimal Conceptual Theory. Linda has lectured and presented her Belief Systems Analysis work at national and international training and conferences to which she has been invited. She taught courses utilizing both Belief Systems Analysis and Optimal Psychology in undergraduate and graduate-level courses at The Ohio State University beginning in 1976. Being recognized globally as the authority on the subject, Dr. James Myers provides Belief Systems Analysis curricula, training, consultation, and guidance to institutions in the mental health therapy industry.